



Date	Junior Group	Session Topic/Plan
05 April 2025	Advance Juniors & Skills Camp	Ready Poistion/Track stands
12 April 2025	Advance Juniors/Club Ride	SOCIAL CLUB RIDE
19 April 2025	Advance Juniors & Skills Camp	Advance Braking - controlled decents
26 April 2025	Advance Juniors/Outride	SOCIAL CLUB RIDE - Outride (JUSTIN)
03 May 2025	Advance Juniors & Skills Camp	Advance Cornering/Berms
10 May 2025	Advance Juniors/Club Ride	SOCIAL CLUB RIDE
17 May 2025	Advance Juniors & Skills Camp	Front wheel lifts - Manual/Power
24 May 2025	Advance Juniors/Outride	SOCIAL CLUB RIDE - Outride (PAUL)
31 May 2025	THEME RIDE	TBA
07 June 2025	Advance Juniors & Skills Camp	Rear wheel lifts/Bunny Hops
14 June 2025	Advance Juniors/Club Ride	SOCIAL CLUB RIDE
21 June 2025	Advance Juniors & Skills Camp	Drop-offs
28 June 2025	Advance Juniors/Outride	SOCIAL CLUB RIDE - Outride (ANDY)
05 July 2025	Advance Juniors & Skills Camp	Jumps - Table tops
12 July 2025	Advance Juniors/Club Ride	SOCIAL CLUB RIDE
19 July 2025	Advance Juniors & Skills Camp	Bike Maintenance - on the trail
26 July 2025	Advance Juniors/Club Ride	SOCIAL CLUB RIDE - Outride (TIM)
02 August 2025	Advance Juniors & Skills Camp	Advance Sprints - how/when/where/why
09 August 2025	Advance Juniors/Club Ride	SOCIAL CLUB RIDE
16 August 2025	Advance Juniors & Skills Camp	Step-ups
23 August 2025	Advance Juniors/Club Ride	SOCIAL CLUB RIDE - Outride - STORRINGTON
30 August 2025	THEME RIDE	TBA
06 September 2025	Advance Juniors & Skills Camp	Advance climbing - rhythm & power
13 September 2025	Advance Juniors/Club Ride	SOCIAL CLUB RIDE
20 September 2025	Advance Juniors & Skills Camp	Race starts - funnel/group riding
27 September 2025	Advance Juniors/Club Ride	SOCIAL CLUB RIDE - Outride (MICHAEL)

NOTE: The dates for the BFCC Race Series has still to be announced. Therefore, some of the planned coaching schedules above will change to allow all Juniors to participate in the races. There will be no other Junior coaching available on race days.