

Date	Advance Junior Group	Session Topic/Plan
06 April 2024	Advance Juniors	BACK TO BASICS - Gears/Position/Pedals etc
13 April 2024	Advance Juniors/ Club Ride	SOCIAL CLUB RIDE
20 April 2024	Advance Juniors	Sprinting/overtaking
27 April 2024	Advance Juniors/ Club Ride	CLUB OTRIDE - Justin (Friston)
04 May 2024	Advance Juniors + Adult Members	Educational - Workshop Maintenance
11 May 2024	Advance Juniors/ Club Ride	CLUB OTRIDE - Tim (Bedgebury off-piste)
18 May 2024	Advance Juniors	Follow a Wheel & Forcing an Error (Race)
25 May 2024	Advance Juniors/ Club Ride	CLUB OTRIDE - Danny (Surrey Hills)
01 June 2024	RACE EVENT	BFCC RACE 1
08 June 2024	Advance Juniors/ Club Ride	OTRIDE - Andy (Bewl)
15 June 2024	Advance Juniors	Advance cornering - race track
22 June 2024	Advance Juniors/ Club Ride	OTRIDE - Gary (Storrington)
29 June 2024	RACE EVENT	BFCC RACE 2
06 July 2024	Advance Juniors/ Club Ride	SOCIAL CLUB RIDE
13 July 2024	Advance Juniors	Choosing the Race Lines + Interval Training
20 July 2024	Advance Juniors/ Club Ride	SOCIAL CLUB RIDE
27 July 2024	RACE EVENT	BFCC RACE 3
03 August 2024	Advance Juniors/ Club Ride	OTRIDE - Paul (?)
10 August 2024	Advance Juniors	Group riding and Working with other riders
17 August 2024	Advance Juniors/ Club Ride	OTRIDE - Ali (North Downs)
24 August 2024	Advance Juniors	Weight shift & Track stands
31 August 2024	Advance Juniors/ Club Ride	SOCIAL CLUB RIDE
07 September 2024	RACE EVENT	BFCC RACE 4
14 September 2024	Advance Juniors/ Club Ride	OTRIDE - Ade (?)
21 September 2024	Advance Juniors/ Club Ride	OTRIDE - Michael (Bulltrack)
28 September 2024	Advance Juniors	Riding a skinny
05 October 2024	Advance Juniors/ Club Ride	SOCIAL CLUB RIDE