

## MOUNTAIN BIKE COACHING PROGRAMME 2010

### BOOKING FORM – Rider Information

First Name:		Surname:	
Address:			
		Postcode:	
Home Tele:		Mobile:	
	Parent Name:		
Email Address for confirmation:			

### COURSES TO BE BOOKED:

Tick for attendance – Course fees

<b>Introduction to Mountain Biking – 2 day Course (8 years +)</b>	
Saturday 10 <sup>th</sup> April & Sunday 18 <sup>th</sup> April 2010 – 10am to 3.00pm.	<input type="checkbox"/> £10 per rider
Saturday 3 <sup>rd</sup> July & Sunday 4 <sup>th</sup> July 2010 – 10am to 3.00pm.	<input type="checkbox"/> £10 per rider
<b>Q</b> - Have you attached the Rider Information & Consent Form?	<input type="checkbox"/> YES
<b>Q</b> – Do you require MTB bike hire?	<input type="checkbox"/> YES - £5 per day

<b>Ladies Specific - 2-day Courses</b>	
<u>Beginners</u> - Saturday 8 <sup>th</sup> May & Sunday 9 <sup>th</sup> May 2010 – 10am to 3.00pm	<input type="checkbox"/> £15 per rider
<u>Intermediate</u> – Sat. 19 <sup>th</sup> June & Sun. 20 <sup>th</sup> June 2010 – 10am to 3.00pm	<input type="checkbox"/> £15 per rider

<b>Adult Intermediate Course – 2 day Course</b>	
Saturday 24 <sup>th</sup> April & Sunday 25 <sup>th</sup> April 2010 – 10am to 3.00pm	<input type="checkbox"/> £15 per rider

<b>Advanced Adult Skill Courses – 8am to approx. 11.00am</b>		(£5.00 discount for members per session)
<u>Drop-off's</u> – Saturday 20 <sup>th</sup> March 2010	<input type="checkbox"/> £15 per rider	
<u>Cornering</u> – Sunday 18 <sup>th</sup> April 2010	<input type="checkbox"/> £15 per rider	
<u>Bunny Hops/Table-top Jumps</u> – Sunday 16 <sup>th</sup> May 2010	<input type="checkbox"/> £15 per rider	

**Membership Number:**.....

**Please enclose the course fees to secure your booking, with Cheques payable to Bedgebury Forest Cycle Club.**  YES – fees enclosed

**Cancellation Policy** - No refunds. You may change booking to alternative course within the prevailing year, subject to availability.

**Return form to:** Gary Scott, BFCC Coach Coordinator, 36 Truman Drive, St Leonards on Sea, East Sussex, TN37 7TH. Tele: 0789 641 2223 for enquiries.